



**LONG HILL RECREATION  
CO-ED VOLLEYBALL CLINIC  
GRADES 5-8  
Fall 2016**

The Long Hill Recreation Dept will be hosting a *Volleyball clinic for boys & girls in 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup> Grades on Friday evenings at the Central School New Gym.* This program is open to students in Long Hill and also open to students in the Watchung Hills sending district schools.

Lead Instructor: Vanessa Fowler

Sneakers required, and participants should wear athletic wear. Some participants prefer to wear knee pads as well.

**CLINIC DATES:** Fridays: 10/7, 10/14, 10/21, 10/28, 11/4, 11/17

**WHERE:** Central School New Gym 90 Central Ave. Stirling, NJ 07980

**SCHEDULE:** 6:15pm - 7:30pm

**FEE:** \$75.00 per player

\* **DEADLINE:** 10/5/16 (Clinic is limited to 24 participants.)

NOTE: Co-Ed clinic for students in grades 5-8 is also being offered from 6:15pm – 7:30pm on Friday nights

Registration is online at <https://register.communitypass.net/longhill> , select Fall 2016, to pay by MC/Visa/Discover

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**No one will be admitted without registering.**