

# Greater MetroWest ABLE Presents: **What About Me?**

## **A Parenting Workshop to Support Siblings of Children with Special Needs**

**This workshop will help parents support their typically developing children.**

### **We will discuss:**

- Balancing the needs of everyone in the family
- Recognizing and managing siblings' complex emotions
- How to improve family functioning

This workshop will be facilitated by  
Jodi Fox, LCSW, Jewish Family Service of MetroWest.

**Date: Thursday, November 17, 2016**

**Time: 7:00 pm – 8:00 pm**

**Location: JCC MetroWest  
760 Northfield Avenue, West Orange, NJ 07052**

For more information or to register, please contact  
Rebecca Wanatick, 973-929-3129 or [rwanatick@jfedgmw.org](mailto:rwanatick@jfedgmw.org)



JFS is committed to inclusive programming. Please call 973-765-9050 to discuss how we can help.