

The Summit High School Student Advocacy Speakers Bureau Invites You To Participate In A Presentation On “Learning Differences”

WHERE: Summit High School Main Library

WHEN: Thursday, May 17th, 2018 at 7:00 p.m.



The presentation’s focus is to engage the audience in activities to help them understand different types of disabilities. Individual students will then openly discuss their own learning disabilities. Graduates will also be available to describe their post high school experience.



Questions: Call Pat Walsh,
Transition Coordinator
Phone: (908)-273-1494, Ext.
5475

Email:
pwalsh@summit.k12.nj.us

SEPAC 2017-2018
SUMMIT PUBLIC SCHOOLS PRESENTS

Age 21...Now What?

At age 21, students with special needs begin a much different journey compared to the one they navigated with the support of the public education system. Under I.D.E.A., students with special needs were entitled to receive a free and appropriate public education. As part of this federal law, students were able to receive a variety of supports and services to assist them in gaining knowledge and skills they would need to achieve their post-secondary aspirations. Upon turning age 21 and completing their educational entitlement, these young adults with special needs now face the enormous challenge of obtaining eligibility to receive necessary services and supports through various state agencies. Unfortunately, there are no guarantees that individuals will receive every service and support they may need in order to achieve their desired goals. Many individuals will need to apply for services from the New Jersey Division of Developmental Disabilities (D.D.D.). The application process for obtaining services through D.D.D. can be an arduous and overwhelming task for families. This presentation will walk families through the steps necessary to access D.D.D.-funded services and supports, which includes information on completing the New Jersey Comprehensive Assessment Tool (NJ CAT), factors to consider when support coordination agencies, and a look into different types of adult programs.

When: Tuesday, May 15, 2018

Where: Summit High School Library
125 Kent Place Blvd., Summit

Time: 6:30pm – 8pm

Presenters: Matthew MacDougall, Transition Coordinator and Kim Spurlock, Behavior Specialist/Teacher of the Handicapped, Morris-Union Jointure Commission*

**This presentation was made possible through the Summit Public School District's partnership with the Morris-Union Jointure Commission, as part of a New Jersey Department of Education grant project titled, "#17-BC33-H03: Preparing Students with Individualized Education Plans (IEPs) For Life In The Community, Integrated Employment, and Post-School Success." The goal of the grant project, awarded to the M.U.J.C., is to assist partnering districts with the identification and development of key components of model transition programs. Summit Public Schools partnership with the M.U.J.C. and participation in this project has been instrumental in helping Summit Public Schools build and expand an already successful transition program.*

The Project SEARCH High School Transition Program is a unique, business-led, one-year, school-to-work program that takes place entirely at the workplace. Total workplace immersion facilitates a seamless combination of classroom instruction, career exploration, and relevant job-skills training through strategically designed internships.

The goal for each student participant is competitive employment. The program provides real-life work experience combined with training in employability and independent living skills to help youths with significant disabilities make successful transitions from school to productive adult life. The Project SEARCH model involves an extensive period of training and career exploration, innovative adaptations, long-term job coaching, and continuous feedback from teachers, job coaches, and employers. As a result, at the completion of the training program, students with significant intellectual disabilities are employed in nontraditional, complex and rewarding jobs. The presence of a Project SEARCH High School Transition Program can bring about long-term changes in business culture that have far-reaching positive effects on attitudes about hiring people with disabilities and the range of jobs in which they can be successful.

View the Project Search Presentation from Founders Erin Riehle and Susie Rutkowski here:

<http://cchmcstream.cchmc.org/MediasiteEX/Play/e33acd53c2cb41e8b7f0e1cd3f8d8dfc1d>

HOW THE PROGRAM WORKS

Through the course of an academic year, Project SEARCH students participate in employment related instruction and rotate through two to three internships that are individually crafted to capitalize on each student's individual interests, and vocational goals and potential. Each rotation lasts about 10-12 weeks.

Interns work closely with an on-site team, including an instructor, job coach and job developer. The team assists the intern until the task assigned can be performed independently. Agencies are available throughout the program year to provide vocational counseling and guidance. The on-site team, student, family, vocational rehabilitation counselor, and school representatives meet regularly to discuss issues, progress, and career goals.

Graduates are prepared to meet employer expectations and to move into a job development phase. They leave the program with a professional portfolio which includes a resume, solid professional references, recommendations, and real-world work experience.

Job placement is the final goal of the program. Students can accept a job offer at any time during the

agreement.

Once successfully employed, graduates receive follow-along services to retain employment.

Typical School Day

The Union County Project SEARCH Program follows the Union County Educational Services Commission District calendar.

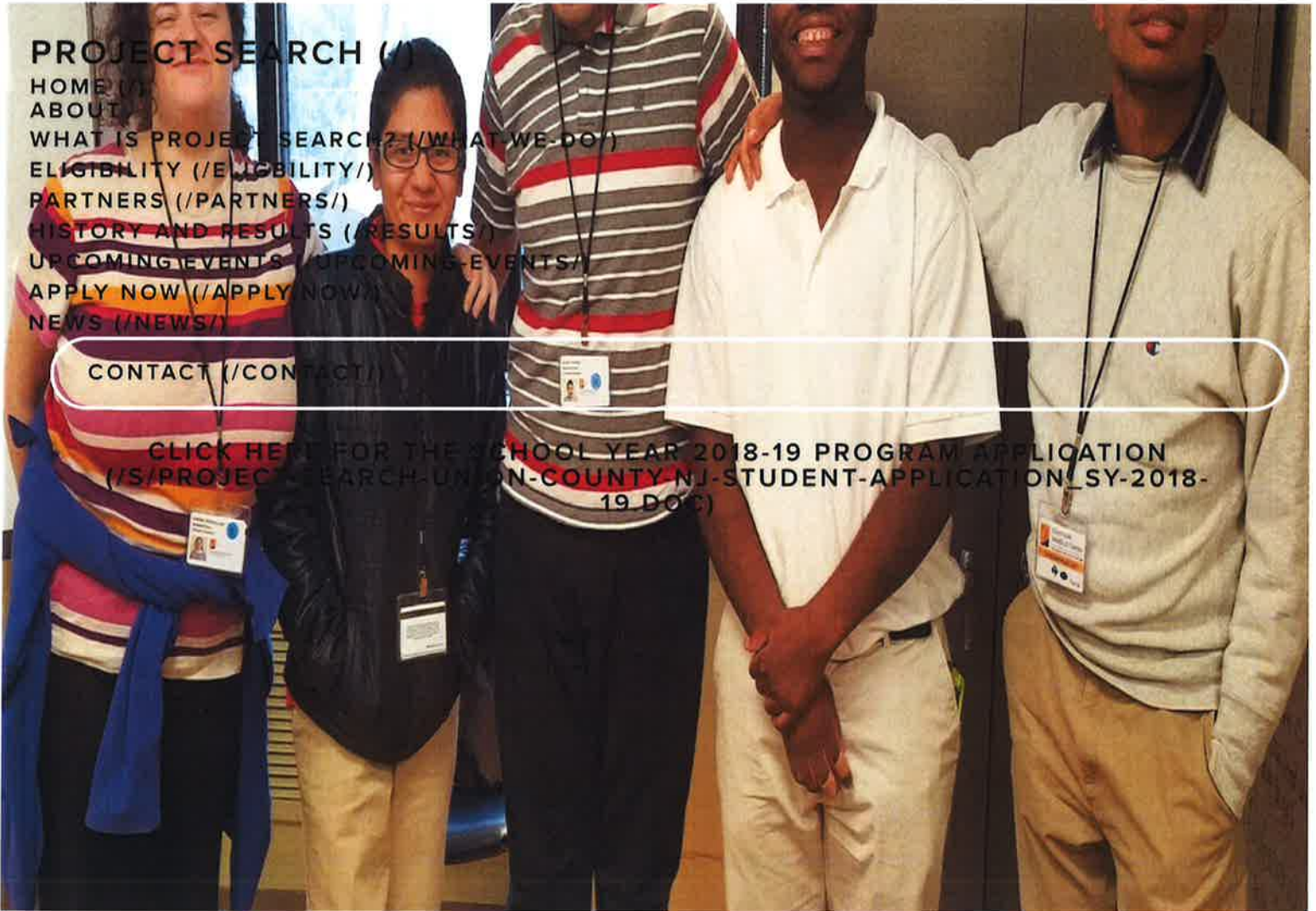
The following schedule times are only an example.

- 8:30: Arrival at Overlook Medical Center
- 8:30 to 9:30 am: Employability Skills Class
- 9:30 to 11:30 am: Report to internship, rotating between three a year
- 11:30 am to Noon: Lunch with coworkers
- Noon to 2 pm: Resume internship
- 2 to 2:30 pm: Class debriefing and dismissal



[\(/apply-now\)](#)

Click here to apply for the 2018-19 School Year! The program is seeking nine new student interns.



APPLICATION PROCESS

Interested candidates must apply to be considered for acceptance into the program. Students are referred by their school district and apply in the spring of the year before entering the program. Space is limited to approximately 8-12 students, per site, each year. The selection is carried out by members of the Project SEARCH Advisory Committee. The application enables the Committee to assess each candidate's skills, abilities, interests, and background. Selected students will be matched to the most appropriate job site based on interest and skills.

2018-2019 Dates & Deadlines

- **Applications (/s/Project-SEARCH-Union-County-NJ-Student-Application_SY-2016-17.pdf) Due Thursday April 27th, 2018**
- Mandatory Interview and Skills Assessment Day – Thursday May 17, 2018
- Applicants notified of acceptance/rejection – week of May 28, 2018
- IEP development or addendum to be completed - June 2018
- Mandatory Student and Family Orientation - July 2018 (Date TBA)
- Travel Training - August 2018 (Dates TBD)
- Program begins – September 2018

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Subject: Updated Bike Riding Dates Spring 2018

From: info@intensivetherapeutics.org

To: ktaylorrat@yahoo.com

Date: Thursday, April 26, 2018, 12:49:25 PM EDT



Ready, Set, RIDE!

6 Week Bike Riding Group

Cost: \$270

Now offered in Fanwood AND West Caldwell Locations!

Fanwood Location:

274 South Avenue
Fanwood, NJ 07023

West Caldwell Location:

31 Fairfield Avenue
West Caldwell, NJ 07006

FREE/MANDATORY SCREENING:

Monday, May 7th at 4:30 PM

FREE/MANDATORY SCREENING:

Thursday, May 10th at 5:30 PM

Classes: Monday, 4:30-5:30 PM

5/14, 5/21, 6/4, 6/11, 6/18, 6/25

Classes: Thursdays, 4:30-5:30 PM

5/17, 5/24, 5/31, 6/7, 6/14, 6/21

For children 5+ years and older who have had difficulty learning how to ride a 2-wheeler

Classes and skills focus on:

**Bike management
Balance & coordination
Pedaling & stopping
Vision & perception
Safety
No training wheels!!**

Please bring your child's helmet and bike to each class.

To register now, click here!

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We send information about our programs, services, and events to families who have signed up for our newsletter.

Our mailing address is:

Intensive Therapeutics, Inc.
31 Fairfield Avenue
West Caldwell, NJ 07006

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You can [update your preferences](#) or [unsubscribe from this list](#).

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Intensive Therapeutics, Inc. · 31 Fairfield Avenue · West Caldwell, NJ 07006 · USA

Children's Specialized Hospital invites parents to learn how to better manage their child's behavior!

Email not displaying correctly?
[View it in your browser.](#)



Do you struggle to manage your child's behavior? We can help.

Managing Your Child's Behavior is a seven-week parent workshop that was developed by the pediatric psychotherapists at Children's Specialized Hospital to help parents learn how to manage their child's behavior. The course will cover:

- Causes of misbehavior
- Setting limits
- Dealing with tantrums
- Managing sibling conflicts
- Developing and implementing behavioral systems
- Parent stress management, self-care, and support system



Hamilton, NJ

Available Workshops:

Summer Session: May 14-July 2

Time:
6:30-8 p.m. each Monday

Where:
Children's Specialized Hospital
3575 Quakerbridge Road
Hamilton, NJ 08619

Toms River, NJ

Available Workshops:

Summer Session 1: May 15-July 10
Summer Session 2: July 17-Aug 28

Time:
5:30-7 p.m. each Tuesday

Where:
Children's Specialized Hospital 94
Stevens Road
Toms River, NJ 08755

Mountainside, NJ

Available Workshops:

Summer Session: June 6-Oct 3

Time:
7-8:30 p.m. each Wednesday

Where:
Children's Specialized Hospital
150 New Providence Road
Mountainside, NJ 07092

The cost of this workshop series is \$99 and will not be covered by insurance. If cost is a concern, please ask about our [Children's Specialized Hospital Benefit Fund](#).

To register, please visit www.childrens-specialized.org/workshops

PAPER MILL PLAYHOUSE

Theatre for Everyone

For Young People with Disabilities, Ages 7 – 21

REGISTRATION FORM – Summer 2018

QUESTIONS? CONTACT Michelle Tempkin at 973-315-1666 or mtempkin@papermill.org

Creative Drama

In collaboration with **Theatre in Motion**, an organization which provides a wide array of arts programming for children & adults with all types of disabilities, this class will include theatre improvisation, storytelling, music, movement, and some visual art. The series will creatively address and include diverse learning styles and modes of communication. When applicable, a student's attendant, who may be a parent, caregiver, nurse, personal aide, or sign interpreter, is welcome to stay for the class. The course will end with a fun sharing for family and friends. Typical siblings are welcome.

Fridays

July 13, 20, 27,
Aug. 10, 17, 24, 31
4 – 5 pm

***New Providence Memorial Library
377 Elkwood Avenue
New Providence, NJ 07974***

Free of Charge – Registration Ongoing

STUDENT NAME:	PARENT'S/GUARDIAN'S NAMES <i>(if child)</i> :
DATE OF BIRTH: / /	ADDRESS:
AGE:	CITY: STATE: ZIP:
HOME PHONE: ()	PARENT/GUARDIAN E-MAIL ADDRESS:
CELL PHONE: ()	

MAIL TO: Paper Mill Playhouse, 22 Brookside Drive, Millburn, NJ 07041, email to mtempkin@papermill.org or FAX TO: 973-315-1439

The Union County Board of Chosen Freeholders
& the Office for People with Special Needs Present:

Recreation Programs for People with Special Needs

April – June 2018



Union County Department of Human Services (DHS)

In addition to the Office for People with Special Needs, the DHS provides an Office for the Disabled that works to advance independent living for Union County residents with disabilities through both individual and systems advocacy. The Office for the Disabled provides information and referral on a wide variety of topics, including: Accessibility, ADA, Education, Employment, Housing, Transportation, Rehabilitation and more.

For further information, please call the

Office for the Disabled

Monday through Friday (8:30am - 4:30pm)

908-527-4845

TTY please dial 711



THE UNION COUNTY BOARD OF CHOSEN FREEHOLDERS

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Debbie - Ann Anderson, Director, Department of Human Services

Maureen Segale Glenn, Director, Division of Outreach & Advocacy



Learn more: 908-527-4781 • snrec@ucnj.org
www.ucnj.org/specialneeds



A Service of the Union County
Board of Chosen Freeholders

UNION COUNTY

We're Connected to You!

Yoga*

Learn yoga techniques. Benefits of yoga include body strengthening, increased flexibility and relaxation. Yoga mats will be provided. Participants are asked to refrain from eating for 2 hours prior.



SESSION 3:

Dates: April 16 – May 21

Mondays, 5pm - 6pm

Trailside Nature & Science Center

452 New Providence Road
Mountainside

Registration Fee: \$12

Zumba*

Zumba is a Latin inspired dance/fitness workout helping people get moving and discover their confidence. Most classes go by so fast, because you are focused on socializing, dancing and having fun. Try it! This program is co-sponsored with the Cranford Department of Recreation and Parks.
Ages 7 and up.



ZUMBA

SESSION 1:

Dates: May 10—June 7

Thursdays, 7 pm—8 pm

Cranford Community Center
220 Walnut Street
Cranford

Registration Fee: \$12

Spring Fishing Derby**

The East Central District Elks will provide another day of fabulous fishing fun including contests and a hot dog lunch! Enjoy fishing with your own pole, or use one provided.

Pre-registration is necessary.

SOCIAL EVENT 8:

Date: May 12

Saturday, 10 am—1 pm

Echo Lake Park
Lower Lake
Mountainside

Registration Fee: FREE



Summer Carnival**

Summertime is just around the corner! Mark your calendar now and get ready to bring friends and family for an afternoon of carnival games, music, crafts and more! Light refreshments and beverages will be served.

Families Welcome (Please register each family member)

Pre-registration is necessary.

SOCIAL EVENT 9:

Date: June 23

Saturday, 11am - 4pm

Oak Ridge Park
136 Oak Ridge Road
Clark

Registration Fee: FREE

* Program (if marked *) is made possible by funding through the U.S. Department of Housing and Urban Development Community Development Block Grant Program.

** Program (if marked **) is made possible by funding from the NJ Department of Community Affairs, through a Recreational Opportunities for Individuals with Disabilities Grant.

REGISTRATION INSTRUCTIONS

Choose from 2 methods:

- 1.) Register & pay online at ucnj.org/opsn-reg
- 2.) Complete & mail this form with your check.

Complete one form for each participant.

Registration is on a first-come, first-served basis. Credits will be given if a program is cancelled due to severe weather or if registrant cancels in advance. No refunds will be issued.

Questions? Call 908-527-4781

Detach and mail this completed form with payment to:

COUNTY OF UNION
 The Office for People with Special Needs
 Department of Human Services
 10 Elizabethtown Plaza, Elizabeth, NJ 07207
 Attention: Manny Ramirez or Nicole DeAugustine

Check Here ✓	Program	FEE
	Volleyball I Session 1: April 5 - May 3	\$12
	Golf Session 1: April 14 - May 19	FREE
	Golf Session 2: April 14 - May 19	FREE
	Yoga Session 3: April 16 - May 21	\$12
	Autism Walk & Spring Carnival: April 28	FREE
	Zumba Session 1: May 5 - May 30	\$12
	Spring Fishing Derby: May 12	FREE
	Ceramics Session 3: May 15 - 22	\$8
	Summer Carnival: June 23	FREE
	Make check or money order payable to "County of Union." DO NOT SEND CASH	TOTAL:

Volleyball*

Get your game on for 5 weeks of fun! Volleyball basics, stretches and games. Please wear sneakers. Chaperones are required to stay on premises when class is in session.



SESSION 1:
 Dates: April 5 - May 3

Thursdays, 7pm - 8pm

Union County College
 1033 Springfield Avenue
 Cranford

Registration Fee: \$12

Golf*

Learn how to play golf at Galloping Hill Golf Course the County's Pitch and Putt Course. Clubs will be provided if needed.



SESSION 1: Ages 14 & Under

Dates: April 14 - May 19
 (Excluding May 12)

Saturdays, 9am - 10am

SESSION 2: Ages 15 & Over

Dates: April 14 - May 19
 (Excluding May 12)

Saturdays, 10:15am - 11:15am

Galloping Hill Golf Course, 3
 Golf Drive
 Kenilworth

Registration Fee: FREE

2018 REGISTRATION FORM

Recreation Programs for People with Special Needs

Please Print

Participant Name _____ Date of Birth _____

Organization Name (if applicable) _____

Address _____

City _____ Zip _____ Tel _____

Email _____

Classification/Disability _____

Does the participant use assistive devices? (Check) Yes ___ No ___
If yes, please describe: _____

Are any special accommodations needed? (Check) Yes ___ No ___
If yes, please describe: _____

Medication _____

Does participant have any allergies? (Check) Yes ___ No ___
If yes, please describe: _____

Emergency Contact During Program

Name _____ Tel _____

Physician Name & Tel _____

HOLD HARMLESS (Please read carefully)

Patrons of any Union County park and/or open space facility(ies) recognize the risks inherent in the use of said park and/or facility(ies). Other than acts on the part of the County which, if proven in an appropriate court of law, are tantamount to gross negligence, Patrons hereby agree to hold the County harmless from any and all damage resulting to person and/or property from the use of its park and/or open space facilities and hereby releases, waives and forever discharges the County, its servants, agents and/or employees from any and all such claims.

I hereby register (grant permission for) _____
to participate in the programs listed on this form.

I acknowledge that I have read and agreed to the Release, Covenant Not to Sue statement on this page. Yes ___ No ___

Photo Release: I also give Union County permission to photograph the above named registrant for publicity purposes. Yes ___ No ___

Signature of Participant/Parent/Guardian/Recreation Leader **Date**

The Office for People with Special Needs is part of the Department of Human Services,
Division of Outreach and Advocacy

Recreational Swim

Enjoy our **FREE** swim sessions. Sign in on arrival. People requiring assistance in the water or locker room must make their own arrangements for an aide. (One aide per person admitted.) Organizations are limited to 5 participants, and must provide a chaperone in the water and locker room (both locker rooms for co-ed groups).



Dates: April 3 - June 26
Tuesdays, 7pm - 8pm
YMCA of Fanwood - Scotch Plains
1340 Martine Avenue
Scotch Plains

Registration Fee: FREE

Ceramics*

Enjoy time with friends while creating a beautiful ceramic keepsake to bring home. Group homes limited to 2 participants. Program runs in conjunction with the City of Linden's Dept. of Recreation.



SESSION 3:

Dates: May 15 & 22
Tuesdays, 7pm - 8pm
John T. Gregorio Center
330 Helen Street
Linden

Registration Fee: \$8

The Criminal Justice Advocacy Program Equal Justice Talks Webinar Series

Join us for a webinar on May 24, 2018 at 1:00 PM EST!

Empowering People with Disabilities to Recognize and Report Abuse

This hour long webinar with Mark Starford and Kecia Weller will explore -

- How to recognize and support people with disabilities who have experienced abuse
- How to empower self-advocates to identify and report abuse

Mark Starford, Director of Board Resource Center, facilitates leadership of people with disabilities and development of person-centered services.

Kecia Weller is a state and national peer advocate for people with disabilities. Her focus is to ensure people who experienced abuse and assault get the support needed to live self-determined lives. Kecia along with Mark produced a PSA titled "[Abuse of Persons with Disabilities: The Silent Epidemic](#)" and with The National Arc's NCCJD developed the "[Talk about Sexual Violence](#)" project.



Register now!

<http://bit.ly/CJAPMAY2018Webinar>

After registering, you will receive a confirmation email containing information about joining the webinar.

This webinar series is brought to you by The Arc of NJ Criminal Justice Advocacy made possible by the NJ State Bar Foundation with funding from the IOLTA fund of the Bar New Jersey.



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New Brunswick, NJ
PERMIT #1

29th Annual Conference on Medical Care
June 1, 2018
Space is limited - Register today!
Exhibiting Opportunities Available


The Arc
of New Jersey
Mainstreaming Medical Care
985 Livingston Avenue
North Brunswick, NJ 08902


The Arc
of New Jersey

29th ANNUAL CONFERENCE
ON MEDICAL CARE FOR PERSONS
WITH INTELLECTUAL &
DEVELOPMENTAL DISABILITIES
PROMOTING QUALITY HEALTHCARE

FRIDAY, JUNE 1, 2018

WESTIN PRINCETON
FORRESTAL VILLAGE ~ PRINCETON, NEW JERSEY

SPONSORED BY:
MAINSTREAMING MEDICAL CARE
A Program of The Arc of New Jersey

IN COOPERATION WITH:

- NJ DIVISION OF DEVELOPMENTAL DISABILITIES
- NJ DIVISION OF MEDICAL ASSISTANCE AND HEALTH SERVICES

WITH EDUCATIONAL GRANTS FROM:

- HORIZON NJ HEALTH
- AMERIGROUP COMMUNITY CARE

Register Below or Online

www.mainstreamingmedicalcare.org

Registration Deadline: Friday, May 18, 2018

PLEASE PRINT

Name _____

Phone _____

Affiliation/Title _____

Agency _____

Address _____

E-Mail Address _____

REGISTRATION FEE

Please make checks payable to: The Arc of New Jersey

- \$75 includes Continental Breakfast and Materials. (If having lunch on your own, restaurants and a food court are available at Forrestal Village.)
- \$100 includes Lunch, Continental Breakfast and Materials.
- Provider Agency Discount: For every 4 registrations from the same non-profit agency, 5th employee attends free (discount applies only to registrants selecting the same registration option: either "lunch" or "no lunch"; please send all registrations together).
- Scholarship, no lunch (limited availability -first come, first served- medical students, residents, or others in need). If registering for scholarship, please call Jennifer Lynch at 732-784-6397. Must be pre-approved.

MEAL CHOICE

If having Conference Luncheon, please select one:

Chicken Vegetarian Special dietary request. Please specify: _____

PAYMENT INFORMATION

Visa MasterCard Discover American Express

Credit Card # _____

Signature _____

Exp. Date _____ C V V# _____

Sign language interpreter. Request by May 1st.

Refund Policy: Refunds will not be given for cancellations made after May 18, 2018, or for no-shows.

Workshop Choices

Please circle the number of your

1st choice a.m. and p.m., and 2nd choice a.m. and p.m.

Early registration is advised to assure your first choice of workshops.

1 ST CHOICE	2 ND CHOICE
A.M. 1 2 3 4 5 6	A.M. 1 2 3 4 5 6
P.M. 7 8 9 10 11	P.M. 7 8 9 10 11

THREE CONVENIENT WAYS TO REGISTER!

Online at www.mainstreamingmedicalcare.org

Mail or Fax this form to:

Mainstreaming Medical Care
29th Annual Conference - The Arc of New Jersey
985 Livingston Avenue
North Brunswick, NJ 08902-1843
Fax: 732-784-6397

The Arc and Mainstreaming Medical Care

Established 69 years ago, The Arc of New Jersey is a private not-for-profit organization affiliated with The Arc of the United States and committed to enhancing the quality of life of children and adults with intellectual and developmental disabilities and their families through advocacy, empowerment, education and prevention. The Arc of New Jersey is comprised of a state office and local county chapters serving all 21 NJ counties. Mainstreaming Medical Care is a special program of The Arc of New Jersey that advocates for accessible, quality health care for individuals with intellectual and developmental disabilities in New Jersey. Funding for the program is provided by the New Jersey Division of Developmental Disabilities, and is also made possible through grants and other private donations.

Conference Objectives

1. To provide information on successful health care models for assessing and treating individuals with intellectual and developmental disabilities (I/DD), including individuals in crisis.
2. To increase knowledge of state-of-the-art treatment for individuals with I/DD who have medical, dental or behavioral health challenges.
3. To increase knowledge of best practices in caring for individuals with I/DD who are aging, including making decisions about medical interventions near the end of life.
4. To increase knowledge about Medicaid, Medicare, and the NJ Division of Developmental Disabilities (DDD).

Audience

This conference is for everyone who is concerned about providing quality health care to individuals with intellectual and developmental disabilities including: health and mental health professionals; administrative and direct care staff at agencies providing services to persons with intellectual and developmental disabilities; family members; social workers; HMO representatives; and employees of the New Jersey Department of Human Services.

Accreditation

Everyone who attends will receive a Certificate of Attendance. Certificates of Attendance will only be distributed at the end of the afternoon workshops.

Application for CME credit has been filed with the American Academy of Family Physicians (AAFP), Developmental Disabilities Nurses Association (DDNA) and The Commission for Case Managers Certification (CCMC). Determination of credit is pending.

Directions to the Westin Princeton at Forrestal Village

201 Village Boulevard • Princeton, NJ 08540 • (609) 452-7900

The Westin Princeton is located in the Forrestal Village, on Southbound Route 1 in Princeton, NJ. Please note: Whether you are traveling north or south on Route 1, use the exit marked "Forrestal Village".

For directions, please contact Jennifer Lynch
Phone # 732-784-6397 or email jlynch@arcnj.org.

29th ANNUAL CONFERENCE

8:00 – 9:00 REGISTRATION, CONTINENTAL BREAKFAST AND EXHIBITS

9:00 – 9:15 WELCOME AND OPENING REMARKS

Joanne Bergin

President, The Arc of New Jersey

Thomas Baffuto

Executive Director, The Arc of New Jersey

Leone Murphy, APN

Chair, Mainstreaming Medical Care Advisory Board, The Arc of New Jersey

Beverly Roberts, M.Ed.

Director, Mainstreaming Medical Care Program, The Arc of New Jersey

PLENARY SESSION 9:15 – 11:30

9:15 – 9:45 INTRODUCTORY REMARKS

Carole Johnson, Commissioner, New Jersey Department of Human Services

MORNING KEYNOTE ADDRESS 9:45 – 10:45

Addressing the Healthcare Crisis for People with Intellectual and Developmental Disabilities (I/DD)

Matthew Holder, MD, MBA is an international leader in the emerging field of Developmental Medicine, the medical care of adults with intellectual and developmental disabilities. He serves as the Chairman of the Medical Advisory Committee for Special Olympics International and is the Immediate Past President of the American Academy of Developmental Medicine and Dentistry (AADMD). Dr. Holder is the Chief Executive Officer of the Lee Specialty Clinic in Louisville, Kentucky, an interdisciplinary patient care, teaching, and research clinic focused exclusively on adults and transitioning adolescents with I/DD.

The healthcare system in the US continues to fall short with respect to producing equitable health outcomes for individuals with I/DD. Lack of provider education and lack of attention to health system design are two major factors that have contributed to this unfortunate state of affairs. Dr. Holder will discuss some initiatives that are currently attempting to address these issues and he will also discuss the creation and operation of the Lee Specialty Clinic - an inspirational model of care that is changing the healthcare landscape in Louisville, KY.

10:45 – 11:30 UPDATES FROM THE NJ DEPARTMENT OF HUMAN SERVICES

NJ FAMILYCARE/MEDICAID:

Meghan M. Davey, Director, NJ Division of Medical Assistance and Health Services

NJ DIVISION OF DEVELOPMENTAL DISABILITIES:

Jonathan Seifried, Acting Assistant Commissioner, NJ Department of Human Services, Division of Developmental Disabilities

BREAK 11:30 – 11:45

MORNING WORKSHOPS 11:45 – 1:00

1. HELPING THE PATIENT IN CRISIS – INTERDISCIPLINARY LESSONS LEARNED

Speaker: Matthew Holder, MD, MBA, Chief Executive Officer, Lee Specialty Clinic, Louisville, KY

Patients with I/DD who find themselves in crisis are a few short steps away from facing dire social, environmental or physical consequences. These consequences are not only bad for the individual, they are often extraordinarily expensive for the supporting health system. The purpose of this session is to describe a successful interdisciplinary model of assessing and addressing the needs of patients in crisis. The presenter will provide real examples of crisis cases, the process by which the individuals were assessed and the steps that were taken to address these crises.

2. INNOVATIVE CARE FOR INDIVIDUALS WHO HAVE I/DD AND ARE AGING

Speakers: Elyse Perweiler, MA, MPP, RN, Co-Director, New Jersey Institute for Successful Aging, Rutgers University School of Osteopathic Medicine; **Mobin Chadha, LCSW**, Program Director, S-COPE, Trinitas Regional Medical Center; and **Leone Murphy, APN**, Clinical Administrator, S-COPE, Trinitas Regional Medical Center

The speakers will discuss the cognitive, behavioral and physical changes that occur for individuals who have I/DD and are aging. Participants will learn how to assess these changes and how to individualize their environment, day programs, and living arrangement. Current resources will be presented including: the National Task Group (NTG) on Intellectual Disabilities and Dementia Practices, Assessment Tools, and the Geriatric Workforce Enhancement Project (GWEP) for Extension for Community Healthcare Outcomes (ECHO).

3. ADVANCE CARE PLANNING AND POLST FOR PEOPLE WITH I/DD: A PERSONAL AND PROFESSIONAL PERSPECTIVE

Speakers: Jeanne R. Kerwin, DMH, CT, Manager, Atlantic Health System Palliative Care and Bioethics, Morristown; and **Jane M. Boyle**, Family Member and Legal Guardian

End-of-life care planning is important for all of us and our loved ones; however, it is especially important for vulnerable populations such as those with I/DD who may require non-traditional ways of determining preferences and burdens when making decisions about medical interventions near the end of life. The term "POLST" refers to Physician's Orders for Life-Sustaining Treatment. The speakers will discuss the tools, such as POLST, which are available for such populations and how best to utilize them to assure equal access to excellence in palliative care and end-of-life care for these individuals and their families.

4. TREATING THE INDIVIDUAL WITH ORAL SELF-INJURIOUS BEHAVIORS: AN INTERDISCIPLINARY APPROACH TO PATIENT CARE

Speakers: John Nevins, DO, Chatham Family Medicine, Atlantic Health System; **Evan Spivack, DDS, FAGD**, Special Care Treatment Center, Rutgers School of Dental Medicine; and **Carolyn Driscoll, MS, OTR**, Occupational Therapist, Trinitas Children's Therapy Services

Caring for individuals with oral self-injurious behaviors (SIBs) often requires not just outside-the-box thinking, but also an interdisciplinary approach if a satisfactory outcome is to be achieved. This workshop will present the case of a patient with severe chronic SIB who required medical, dental and occupational therapy intervention to achieve positive, sustainable results, highlighting the importance of inter-professional communication and cooperation.

SCHEDULE – JUNE 1, 2018

5. PREVENTION AND TREATMENT OF DIABETES FOR INDIVIDUALS WITH I/DD

Speaker: *Elfie Wegner, ANP-C, Advanced Nurse Practitioner and Certified Diabetes Educator, Overlook Family Medicine, Atlantic Health System*

Everyone should be aware of the health care problems associated with diabetes, including individuals with I/DD and their family members and agency staff. The speaker, who is a Certified Diabetes Educator (CDE), will discuss the prevalence of diabetes; risk factors; the difference between pre-diabetes and diabetes; the importance of diet and exercise; how to determine if an individual with I/DD who is diagnosed with diabetes can do the daily glucose monitoring; management of diabetes, including medications and side effects; and the serious complications of uncontrolled diabetes.

6. H.E.L.P... BEYOND AGING! A UNIQUE ADAPTATION OF THE HOSPITAL ELDER LIFE PROGRAM INTERVENTIONS IN AN ACUTE CARE HOSPITAL TO PREVENT DELIRIUM

Speakers: *Timothy Clyne BA, MSN, RN, CDP, Nurse Manager, Hospital Elder Life Program, Trinitas Regional Medical Center; and Johanna Thomas, BA, CDP, Elder Life Intervention Clinician, Hospital Elder Life Program, Trinitas Regional Medical Center*

This session will address the unique needs of patients with I/DD in the acute care hospital. It will demonstrate how a delirium prevention program can be adapted to help these individuals achieve better outcomes during their hospital stay.

LUNCH BREAK 1:00 – 2:15

AFTERNOON WORKSHOPS 2:15 – 3:30

7. PSYCHIATRIC ISSUES MASQUERADING AS BEHAVIORAL DISTURBANCES

Speakers: *David I. Mayerhoff, MD, Staff Psychiatrist, Developmental Disabilities Center, Overlook Medical Center, Atlantic Health System; and Jeffrey R. Nurenberg, MD, Staff Psychiatrist, Developmental Disabilities Center, Morristown Medical Center, Atlantic Health System*

This workshop will focus on assessment of individuals who have intellectual and developmental disabilities (I/DD) and are exhibiting challenging behaviors. The presenters are two psychiatrists who will illustrate the diagnostic and assessment considerations to determine the etiology of the behaviors. Specific areas of pharmacologic management will be reviewed.

8. MOVEMENT DISORDERS IN ADULTS WITH I/DD: WHEN IS IT TOO MUCH OR TOO LITTLE?

Speaker: *Seth M. Keller, MD, Co-Chair, National Task Group on Intellectual Disabilities and Dementia Practices; Chair, Special Interest Group Adult I/DD, American Academy of Neurology; Past President, American Academy of Developmental Medicine and Dentistry*

Adults with I/DD are living longer than ever before and with age comes a number of conditions that may cause a change in body movements. Functional decline, gait immobility, tremors, stiffness and falls may occur and activities of daily living (ADLs) and quality of life may be greatly impacted by these various changes. The presentation will review the classification of movement disorders, an approach to assess functional change and a diagnostic and therapeutic approach that will enable the healthcare practitioner as well as those supporting individuals with I/DD who present with an alternation on movements with age. Tardive dyskinesia, Parkinson's disease, tremors, and spasticity will be covered.

9. ALL BEHAVIOR SERVES A PURPOSE: USING FUNCTIONAL ASSESSMENTS TO UNDERSTAND CHALLENGING BEHAVIOR

Speaker: *Rob Kimmel, MAT, CESP, Training and Consultation Specialist, The Boggs Center on Developmental Disabilities, Rutgers Robert Wood Johnson Medical School*

Challenging behavior exhibited by some individuals with disabilities is often misunderstood and escalates, leading to poor outcomes for the individual as well as the parents, teachers, civil servants, and medical professionals that are only trying to help. Participants in this session will learn about the functions of behavior and how to use functional assessments to understand that challenging behavior. We will use a scenario-based model to showcase the effectiveness of Applied Behavior Analysis (ABA) and Positive Behavior Supports (PBS) interventions, using the results of accurate assessments.

10. WHAT IS A DUAL ELIGIBLE? UNDERSTANDING MEDICAID AND MEDICARE COORDINATION AND THE NJ FAMILY CARE/MEDICAID APPLICATION PROCESS

Speakers: *Mary McGeary, Director, State Health Insurance Assistance Program (SHIP), Division of Aging Services, New Jersey Department of Human Services; and Lauren E. Koenig, NJ FamilyCare Outreach, Division of Medical Assistance and Health Services, NJ Department of Human Services*

This session will review the triggers for Medicare enrollment and how this impacts Medicaid health and prescription benefits. Enrollment choices for individuals with I/DD who have both Medicare and Medicaid coverage will be reviewed. The speakers will explain the reasons why individuals would need to apply for the NJ FamilyCare/Medicaid Aged, Blind, Disabled (ABD) program. For example, an ABD Medicaid application is necessary for persons who need to have DDD services and their Supplemental Security Income (SSI) benefit is ending due to the start of a different type of Social Security benefit. The session will include a demonstration of the new on-line Medicaid application form.

11. ADVOCATING FOR HEALTHY SEXUALITY AND SAFETY FOR PEOPLE WITH I/DD

Speakers: *Tracy A. Higgins, MA, LPC, Co-Founder and Director of Counseling, Finding Your Individuality; and Melissa Keyes DiGioia, CSE, Co-Founder & Director of Education, Finding Your Individuality*

People with intellectual and developmental disabilities should have access to information and services that support the possibility of experiencing healthy relationships and safe sexual experiences free from coercion and violence. This may include information and interdisciplinary services to support experiencing healthy relationships, making consensual decisions about sexual activities, going for a sexual health exam, using a safer sex or contraceptive method, or getting support as a survivor of intimate partner violence or sexual assault. In this session, attendees will explore the importance of advocating for services for people with intellectual and developmental disabilities that promote healthy sexuality and safety.

FOR FURTHER INFORMATION, INCLUDING EXHIBITING OPPORTUNITIES, PLEASE CONTACT:

**Mainstreaming Medical Care Program, Jennifer Lynch
Phone & Fax 732-784-6397 ~ Email: jlynch@arcnj.org**

**Online Registration Now Available!!
www.mainstreamingmedicalcare.org**